

## Excell Dance Studio Dress Code

The dress code exists for several reasons:

- Teachers must be able to see lines on dancers, meaning they need to know things like when a leg is bent, arm is straight, or hips aligned to the front in order to provide the best instruction.
- Proper attire helps set the tone for discipline and dedication among dancers.
- Attire can often be a distraction among young dancers. Having a dress code prevents these distractions.

If a dancer does not abide by the dress code, they will be asked to sit and watch the rest of the class until they come to class properly dressed.

### **General guidelines –**

Hair: pulled back from face and secured, buns preferred. Headbands should be worn for shorter hair.

Jewelry – not allowed except for medic-alert.

No bare midriffs.

No street clothes, including t-shirts, sweatshirts, sweatpants, pajama bottoms

### **Creative Movement**

Leotard in any color with or without an attached skirt, preferably in pink or light blue

Ballet pink tights – footed

Pink full sole ballet slippers, leather only (no satin bedroom slippers, these are not appropriate for dance class)

Optional:

Dance skirt, sheer and no longer than mid-thigh

Ballet wrap sweater

### **Pre-Ballet and Beginning Ballet**

Leotard in any style or color

Ballet pink tights – footed

Pink full sole ballet slippers, leather only (no satin bedroom slippers, these are not appropriate for dance class)

\*No sequins or glitter please\*

Hair: pulled back from face and secured, buns preferred. Headbands should be worn for shorter hair.

Optional:

Dance skirt, sheer and no longer than mid-thigh

Ballet wrap sweater

Leg Warmers

### **Ballet – Intermediate and Advanced Levels**

Leotard in any style or color

Ballet pink tights

Pink split sole ballet slippers, leather or canvas

Optional:

Dance skirt, sheer and no longer than mid-thigh

Black spandex shorts

Ballet wrap sweater

Leg Warmers

Boys: White t-shirt, black heavy-weight tights or slim black leggings, black ballet slippers  
Hair: pulled back from face and secured, buns preferred. Headbands should be worn for shorter hair.  
Not allowed: \* No Street Clothes Allowed \*, including t-shirts, sweatshirts, sweatpants

### **Lyrical/Contemporary**

Leotard in any color and style  
Nude color tights- footless or convertible  
Foot paws, half soles, or foot undeez in nude color  
Hair: pulled back from face and secured, buns preferred. Headbands should be worn for shorter hair.

#### **Optional:**

Spandex shorts in any color

### **Acro/Tumbling**

Dancewear or tight-fitting athletic wear - Absolutely NO sweatpants or sweatshirts or loose shirts  
Nude footless or convertible tights  
Foot paws, half soles, or foot undeez in nude color  
Hair: pulled back from face and secured.

### **Hip Hop (All Levels)**

Leotard or tight-fitting top, leggings or spandex shorts, any color  
Black Hip Hop or Jazz Sneakers  
Hair: pulled back from face and secured, buns preferred. Headbands should be worn for shorter hair.

### **Teen Jazz**

Leotard in any color and style  
Nude color tights- footless or convertible  
Foot paws, half soles, or foot undeez in nude color  
Hair: pulled back from face and secured, buns preferred. Headbands should be worn for shorter hair.

#### **Optional:**

Spandex shorts in any color