



Excell Dance Class Descriptions - Summer 2018

- Summer Class Registration is available online. Please call 540-905-4886 for assistance.
- Payment is due upon registration. No registration fees are due for Summer Classes.
- Summer Class payments are non-refundable (Exchanges and Credits for future classes only).
- Pro-rates available for certain classes. Contact us for further info.

Acro:

Instructor: Lisa

There are currently no Acro Dance classes scheduled for this summer. Please see our Fall Registration Schedule in early July to enroll for next season.

Ballet:

Princess Ballet Camp:

Instructors: Megan/Paige

Students are taught the fundamentals of Ballet (including vocabulary and terminology) through instructional time, games, activities, dress-up, and more. Students will need: leotard, tights, pink ballet slippers, a change of clothes, and a nut-free snack each day. All other supplies and equipment provided.

Ages: 4+

Class	Date	Time	Location	Cost
Princess Ballet Camp	June 11- 15	M-F, 9a-12p	4th St.	\$155

Introduction to Ballet:

Instructor: Megan

Learn the fundamentals of Ballet with Barre work including arm movements, centre work and traveling movements, simple centre combinations, simple petit allegro work. Basic ballet vocabulary is studied. No previous dance experience necessary. Ballet shoes, pink tights, and solid leotard required.

Ages: 5-6

Class	Date	Time	Location	Cost
Intro to Ballet	June 18- 29	M/W/F, 11a-12p	4th St.	\$90

Ballet Fundamentals:

Instructor: Paige

Aspiring Ballerinas will enjoy this course designed to build on basic ballet foundations with more complex barre, centre, and petit allegro work. More ballet vocabulary is introduced. Ballet shoes, pink tights, and solid leotard required. Some prior dance or gymnastics is required.

Ages: 7-8

Class	Date	Time	Location	Cost
Ballet Fundamentals	July 16- 27	M/W/F 4-5pm	4th St.	\$90

Ballet Beg/Int:

Instructor: Claire

Beg/Int Ballet classes are continuously running throughout the summer. Serious dancers need ballet conditioning and technique on an ongoing basis to effectively progress. Pro-rates for partial-month attendance available. Some previous ballet required. Please contact us with placement questions.

Ages: 8+

Class	Date	Time	Location	Cost
Ballet Beg/Int	June 12-July 31	T 5-6pm	4th St.	\$70/month.

Ballet Intermediate/Advanced:

Instructor: Claire

Int/Adv Ballet classes are continuously running throughout the summer. Int/Adv classes include pre-pointe and pointe work. All Intermediate and Advanced students must take at least six weeks of ballet technique classes to maintain their class placement for Fall. Pro-rates for partial-month attendance available. Please contact Claire with placement questions.

Class	Date	Time	Location	Cost
Ballet Int/Adv	June 11-Aug 8	M/W 5-6:30pm	4th St.	\$160/month.

*Note: Studio closed Wednesday, July 4th.

Teen/Adult Ballet:

Instructor: Claire

Beginning Ballet instruction suited for active adults and teens. No prior experience necessary. Ballet shoes required.

Class	Date	Time	Location	Cost
Teen/Adult Ballet	June 6-July 11*	W 6:30-7:30p	4th St.	\$60 (punch pass)
Teen/Adult Ballet	July 17 - Aug 7	T 6-7:00pm	4th St.	\$60 (punch pass)

*Note: Studio closed Wednesday, July 4th. Class held Tues., July 3rd instead.

Ballroom:

Adult Ballroom:

Instructors: Rachel & Steven

Focusing on the Ballroom dance steps of Waltz, Viennese Waltz, Cha-Cha, Foxtrot, Quickstep, Tango, Triple Swing, and Samba, couples master the steps and learn a skill-appropriate Ballroom Dance routine! Both private and group lessons are available. Whether you're preparing for a special event, like a wedding, or have just have always wanted to learn Ballroom, you'll be amazed at the result!. Beginning at the level that's right for you, students can have anywhere from no experience, to years of dance training. As classes gradually advance, multiple classes can be taken to build upon skills. Please come in dress-casual attire and ballroom or dress shoes (form-fitting, dress shoes with heels for women/ flexible, smooth soled shoes for men).



Class	Date	Time	Location	Cost
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Couple's Group Lesson	Flexible dates between June 9 & Aug. 25	F/Sat. After 5pm	4th St.	\$180/month Call to schedule
Couple's Private Lesson	Flexible dates between June 9 & Aug. 25	F/Sat. After 5pm	4th St.	\$60/hour Call to schedule

Youth Ballroom:

Instructors: Rachel & Steven

For young men and women! Come learn something new! Learn how to think on your feet and work together as we create a dance experience that's new and different. So many styles to choose from - swing, waltz, Cha-Cha, foxtrot and more. No prior dance experience required. Dress-casual attire and ballroom or dress shoes necessary (form-fitting, dress shoes with heels for women/ flexible, smooth soled shoes for men).

Ages: 12 - 18

Class	Date	Time	Location	Cost
Youth Ballroom	July 6,13,20,27	F 5-6pm	4th St.	\$70 per pair

Creative Movement :

Creative Movement 1:

Instructor: Megan

Learn beginning dance movements in a fun, welcoming atmosphere. Exclusive 60-Minute Summer Creative Movement classes focus on ballet and lyrical* dance styles. Ballet shoes required.

*at this level, lyrical dance explores freedom of movement to music with lyrics or themes

Ages: 2-3

Class	Date	Time	Location	Cost
Creative Movement 1	June 19-28	T/Th 11a-12p	4th St.	\$70.

Creative Movement 2:

Instructor: Rachel

Build on skills learned in Creative Movement 1 & add Tap to your repertoire! Exclusive 60-Minute Summer Creative Movement classes focus on ballet, lyrical*, and tap dance styles. Explore movement through dance! Ballet and Tap shoes required. No prior dance experience needed.

*at this level, lyrical dance explores freedom of movement to music with lyrics or themes.

Ages: 3-4

Class	Date	Time	Location	Cost
Creative Movement 2	July 2,3,5,& 6	M/T/TH/F 10:30-11:30am	4th St.	\$70.

Hip Hop:

Beginning Hip Hop:

Instructor: Sammy

This class introduces students to rhythms, routines, and combinations across the floor, with age-appropriate techniques and music. Students explore fundamentals of hip hop dance while bringing their own personality to the movements. (requires form-fitting, flexible clothing or dancewear with black Jazz shoes).

Ages: 8+

Class	Date	Time	Location	Cost
Beg. Hip Hop	June 11-21	M/Th 5:30-6:30pm	Main St.	\$70

Lyrical:

Intro to Lyrical Dance:

Instructor: Paige

Age: 6-8

Class	Date	Time	Location	Cost
Intro to Lyrical Dance	June 26-July 5	T/Th 4-5pm	4th St.	\$70

Lyrical Dance Intensive 1:

Instructor: Megan

Lyrical Dance Intensive week for aspiring Lyrical students with some Lyrical and/or Ballet dance experience.

Age: 9-11

Class	Date	Time	Location	Cost
Lyrical Dance Intensive 1	June 18, 20, & 22	M/W/F 10-11am	4th St.	\$60

Lyrical Intensive 2:

Instructor: Megan

Lyrical Dance Intensive week for Intermediate Lyrical students ready to advance to the next level. Students will focus on mastering necessary skills and techniques, as well as learning new ones. Prior Lyrical Dance experience required.

Age: 12+

Class	Date	Time	Location	Cost
Lyrical Dance Intensive 2	June 25, 27, & 29	M/W/F 10-11am	4th St.	\$60

Modern:

Modern Dance Master Classes:

Instructor: Emma

Visiting us from Randolph University, Emma Carrico will teach a series of Modern Dance Master Classes to share her insights and expertise. Whether you're trying it out for the first time, or have danced for years, don't miss the opportunity to glean knowledge and experience from Emma this summer! We know you'll fall in love with this dynamic and expressive artform.

Age: Varies

Class	Date	Time	Location	Cost
Intermediate Modern Dance (Ages 10+ with some dance experience)	July 9	F, 10:30-12pm	Main St.	\$30
Intro to Modern Dance (Ages 6-9 no prior experience required)	July 13	F, 10:30-12pm	Main St.	\$30
Advanced Modern Dance (Ages 12+ with significant dance experience)	July 20	F, 10:30-12pm	Main St.	\$30

Performing Groups:

Instructors: Patricia, Emma, Sammy

Ready to learn new dances to perform this summer? Join Excell Dance Performing Group (EDPG)! This group was founded in 2010 with the intention of sharing dance as a performing art with the Fauquier community. Our summer concert this year will take place August 3rd on Main Street. Placement in EDPG is done by audition. There are several summer groups to try out for, so please don't hesitate to audition for this fun and enriching experience. Returning EDPG students from the Fall Dance Season are asked to please participate in the auditions for summer for new placement opportunities. We realize all students may not be able to attend every practice, but please communicate to your instructors when you will be absent so they can plan ahead. Thank you.

Age: Varies

Performance Commitment: Friday Aug. 3rd, 5-9pm; Dress rehearsal: Thursday, Aug.2nd 5-7pm at 4th St.

Class	Date	Time	Location	Cost
EDPG Auditions	June 9	Sat, 10-11:30a	4th St.	Free
Ballet Performing Group*	June 14 - July 26	Th, 5-6:30pm	4th St.	\$90
Broadway Performing Group*	June 11 - July 30	M, 4:30-5:30pm	Main St.	\$70
Lyrical Performing Group*	June 12- July 31	T, 11am-12pm	Main St.	\$70

*placement by audition only.

Tap:

Tap Intensive:

Instructor: Jessica

Tap Dance Intensive week for aspiring Tap students ready to advance to the next level. This unique summer course gives you an opportunity to learn new skills and focus on techniques you'll need to know in the Fall. This class is a fun way to get some experience under your belt! Tap shoes required.

Ages: 8+ with at least one year prior tap experience

Class	Date	Time	Location	Cost
Tap Intensive	June 11-15	M/T/Th/F, 10-11am	Main St.	\$70

Intro to Tap:

Instructor: Jessica

Intro to Tap explores the basics of tap dance in a fun and engaging environment. If you like to dance and make noise with your feet, this is the perfect class for you! Parents, don't miss out on this limited-time opportunity to learn Tap Dance in our Adult's only session! Tap shoes required (available at the studio).

Ages:Varies

Class	Date	Time	Location	Cost
Intro to Tap (Ages:6+)	July 16-26	M/Th, 10-11am	Main St.	\$70
Intro to Tap (Adult)	July 16-25	M/W, 6:30-7:30pm	4th St.	\$70

Teacher Training Sessions:

Existing Teacher Training Sessions:

Instructor: TBA

Returning student-teachers and teacher aides are required to come to ONE teacher training session over the summer. Those interested in becoming a teacher or teacher aide in the future should contact the studio to set up a New Teacher Training Session.

Ages 12 and up (students turning 12 before Sept. 1, 2017) are accepted.

Class	Date	Time	Location	Cost
Teacher Training Session	June 16	10a-12pm	4th St.	Free
Teacher Training Session	July 28	10a-12pm	4th St.	Free

New Teacher Training Sessions:

Want to be a teacher at Excell in the future? Contact us to schedule a New Teacher Training Session over the summer. Cost: \$25/ one hour session.

*NOTE: Taking this class doesn't automatically guarantee you a position. Positions are filled based on seniority, training, and availability. Requirements for full-time teachers = minimum 2 hours teacher training per season.

